

**MUSIC AND DANCE  
(FRONT LAWN)**

9:15–9:45 **BATUCAXÉ** Brazilian  
 10:00–10:30 **SALSÓN DANCERS** Salsa  
 10:45–11:15 **FOLKLÓRICO TAPATÍO** Mexican  
 11:30–12:00 **MAGUIRE IRISH DANCE** Irish  
 12:15–12:45 **BARBEA WILLIAMS PERFORMING COMPANY** African  
 1:00–1:30 **THE HUMAN PROJECT** Hip Hop  
 1:45–2:15 **STICKS & FINGERS PERCUSSION ENSEMBLE** Caribbean  
 2:30–3:00 **NO:LIGK TRADITIONAL SINGERS & DANCERS** Tohono O'odham

**DANCE TEACH-INS  
(WEST LAWN)**

10:00–10:30 **BATUCAXÉ** Brazilian  
 10:45–11:15 **SALSÓN DANCERS** Salsa  
 11:30–2:00 **FOLKLÓRICO TAPATÍO** Mexican  
 12:15–12:45 **MAGUIRE IRISH DANCE** Irish  
 1:00–1:30 **BARBEA WILLIAMS PERFORMING COMPANY** African  
 1:45–2:15 **THE HUMAN PROJECT DANCE GROUP** Hip Hop

**STORYTELLING  
(INSIDE MUSEUM)**

10:00–10:40 **MIKE LINDSEY** "Writingbear" Cherokee stories  
 11:00–11:40 **SAL QUIJADA** Ponte Trucha  
 12:00–12:40 **GLENDA BONIN** Squirrely Shirley Meets Fry-Fry!  
 1:00–1:40 **TY NOLAN** Bigger Than Bigfoot and Other Healthy Stories from American Indian Tradition  
 2:00–2:40 **LOREN RUSSELL** Akimel O'odham stories

**COOKING  
(EAST LAWN)**

9:30–11:30 **BUFFALO AND HEALTHY MEXICAN**  
 UA College of Life Sciences  
 12:00–1:00 **TRADITIONAL FOODS OF THE TOHONO O'ODHAM**  
 Desert Rain Café, Sells, AZ

**MARTIAL ARTS  
AND MOVEMENT  
(WEST LAWN)**

9:15–9:45 **AIKIDO** Aikido at the Center  
 9:55–10:25 **PILATES** Bodyquest Pilates  
 10:35–11:05 **QI GONG** Wind River Tai Chi  
 11:15–11:45 **YOGA** 4th Ave Yoga / Rachel Alter  
 11:55–12:25 **TAIJI QUAN** Wind River Tai Chi  
 1:15–1:45 **PILATES** Bodyquest Pilates  
 1:55–2:25 **CAPOEIRA** Capoeira Mandinga

**SPORTS AND ALTHLETICS  
(WEST LAWN)**

9:15-9:45 **UA Track** James Eichberger & Megan Meyer  
 9:30; 10:30; 11:30; 1:30 **Bike Rodeo**  
 Pima County Bike Ambassadors  
 9:55-10:25 **Marathon Running** Ken & Victoria Josemaria  
 10:00–10:30 **Bicycling for Beginners** Perimeter Bicycle  
 10:35-11:05 **UA Women's Tennis**  
 10:45–11:15 **Bicycling for the Advanced Cyclist**  
 Perimeter Bicycle  
 11:15–11:45 **UA Soccer** Ashley Jett  
 11:55–12:25 **UA Gymnastics** Britnie Jones  
 12:35–1:05 **Tennis** Alisse Ali  
 1:15–1:45 **UA Volleyball** Tori Moore  
 1:55–2:25 **UA Men's Tennis** Mario Urquidi

**Raffle prizes provided by.....**

Allegra Printing \*Attune Foods\*Centers for Disease Control and Prevention\*Costco Wholesale\*CSIL, the University of Arizona Food Conspiracy Co-op\*La Caliente 102.1\*Mid-Valley Athletic Club The Mountain 92.9\*Native Eyes Film Showcase\*Ordinary Bike Shop Perimeter Bicycle\*RC Bicycles\*REI\*Rocks and Ropes\*The Running Shop Sprouts Farmers Market\*Summit Hut\*Sunflower Farmers Markets Tony Hawk Foundation\*Trader Joe's\*Tucson Children's Museum Tucson Jewish Community Center\*Tucson Yoga\*UA Athletics UA Campus Recreation \*UA Meat Science Lab\*Walking J Farm Yoga Oasis

.....thank you!

## ONGOING ACTIVITIES – 9:00A.M. TO 3:00P.M.

### Food & Nutrition (east lawn)

**MyPlate Activities** Inter Tribal Council of Arizona, Inc.  
**Nutrition Games** Pima County Cooperative Extension  
**Grocery Cart Game** UA SIFE: Food 4 Thought  
**Ethnobotany Station** Arizona-Sonora Desert Museum  
**Fall Harvest Crafts** GROW NATIVE  
**Healthy Food Plate Games** Arizona Diabetes Alliance  
**Traditional Tohono O'odham Foods**  
 Tohono O'odham Community Action  
**Seasonal Fruits & Vegetables** Community Food Bank of Southern AZ  
**Seasonal Fruits & Vegetables** SNAP

### Literacy & Arts (west lawn)

**The Very Hungry Caterpillar** Activities World of Words  
**Reversible Writing & Art** Pima County Public Library  
**Comic Strip Making** Ryan Huna Smith (*It's Up 2 U!*)  
**Finger-Knitting** Tucson Waldorf School

### Medical (east lawn)

**Risk Test Assessments** American Diabetes Association  
**Health Education Quiz** Health Choice Arizona  
**Diabetes Education Activities** Healthy O'odham Promotion Program

### Sporting (east lawn and lot)

**Low Ropes Course** Tucson Indian Center, Native Pride Project  
**Mini Golf Green / Giveaways** ReActivate, New & Used Activewear  
**Physical Activity & Prizes** Pima Co. Health Department  
**Roping & Horse & Tack Demonstrations** UA Rodeo Club  
**Urban Hikes through campus** Marina Michelle Dawley  
**Activa Van—CATCH Activities: Frisbee toss, parachute, scoops & balls**  
 YMCA / Communities Putting Prevention to Work/Healthy Pima  
**Skateboarding Tricks** (15 min demos) 4wheelwarpony crew  
 (Apache and Navajo youth)  
**Stationary Bicycling** El Tour de Tucson/  
 Perimeter Bicycling Association of America

## A Healthy Celebration

Presented in collaboration with the Tucson Indian Center



SEE THE THROUGH THE EYES OF THE EAGLE EXHIBIT IN THE MUSEUM

