



Arizona State Museum
THE UNIVERSITY OF ARIZONA®

We welcome your students to experience a new

GUIDED TOUR



Through the Eyes of the Eagle: Illustrating Healthy Living

Students will be inspired to live healthier during this interactive museum program.

This exhibition, inspired by a children's book series of the same name, strives to raise awareness about type 2 diabetes prevention from a Native American perspective. Students explore history, culture, and health through objects, photographs, artwork, storytelling, and video. After a gallery experience, they take part in physical exercise activities, a nutrition game, and comic strip making.

- See **objects and photographs** that illustrate the diet of Sonoran Desert dwellers over 13,000 years. Learn how TOCA is reinvigorating use of traditional foods for the Tohono O'odham.
- **Imagine** running in woven sandals from 600 AD or using cool new skateboard shoes.
- **Enjoy** the original watercolors from the books, *Through the Eyes of the Eagle: Illustrating Healthy Living for Children*, in which a wise eagle teaches traditional ways of health that children can remember and retell. See the artwork at ASM and at the World of Words, UA College of Education.
- Check out an **exciting new comic book** created by Ryan Huna Smith (Chemehuevi/Navajo). *It's Up 2 You!* highlights the choices teenagers might make to affect their health and happiness. The comic book will be available as a free mobile app in the fall of 2011.
- **Try skateboarding on a Wii**, and other hands-on activities.
- Learn about the **facts and myths** concerning diabetes and diabetes prevention.

Classes will receive pre- and post-visit activities, a set of the four Eagle books, and a copy of the *It's Up 2 You* comic book!

Guided Tour Program is available weekdays

October 17 - December 16, 2011

•Session 1 9:45 - 11am •Session 2 - 11am - 12:15

Group size: 34 students max; one adult per 8 students. See online registration page for larger group accommodations.

Cost: \$2/student Adults are free

Please register on-line:

www.statemuseum.arizona.edu

Questions: 520-621-9434

This is a limited-time opportunity!

This exhibit and programs supported by John and Sophie Ottens Foundation, Pima County Health Department's Communities Putting Prevention To Work, Arizona Humanities Council, Kresge Arts in Tucson, Tohono O'odham Community Action, Tucson Indian Center, Centers for Disease Control and Prevention.

